

NATIONAL ACUPUNCTURE DETOXIFICATION ASSOCIATION



www.nada-norge.no

National Acupuncture Detoxification Association
Norge

NADA Conference in Switzerland



Norway



4,5 million Citizens

Oslo is the capital and have around 500 thousand people

**Register:
12-15000 drug addict**

72000 alcoholics

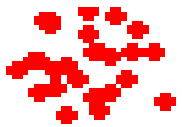
70000 tablettis addicts

4000 on Metadon or Subutex/Subexone

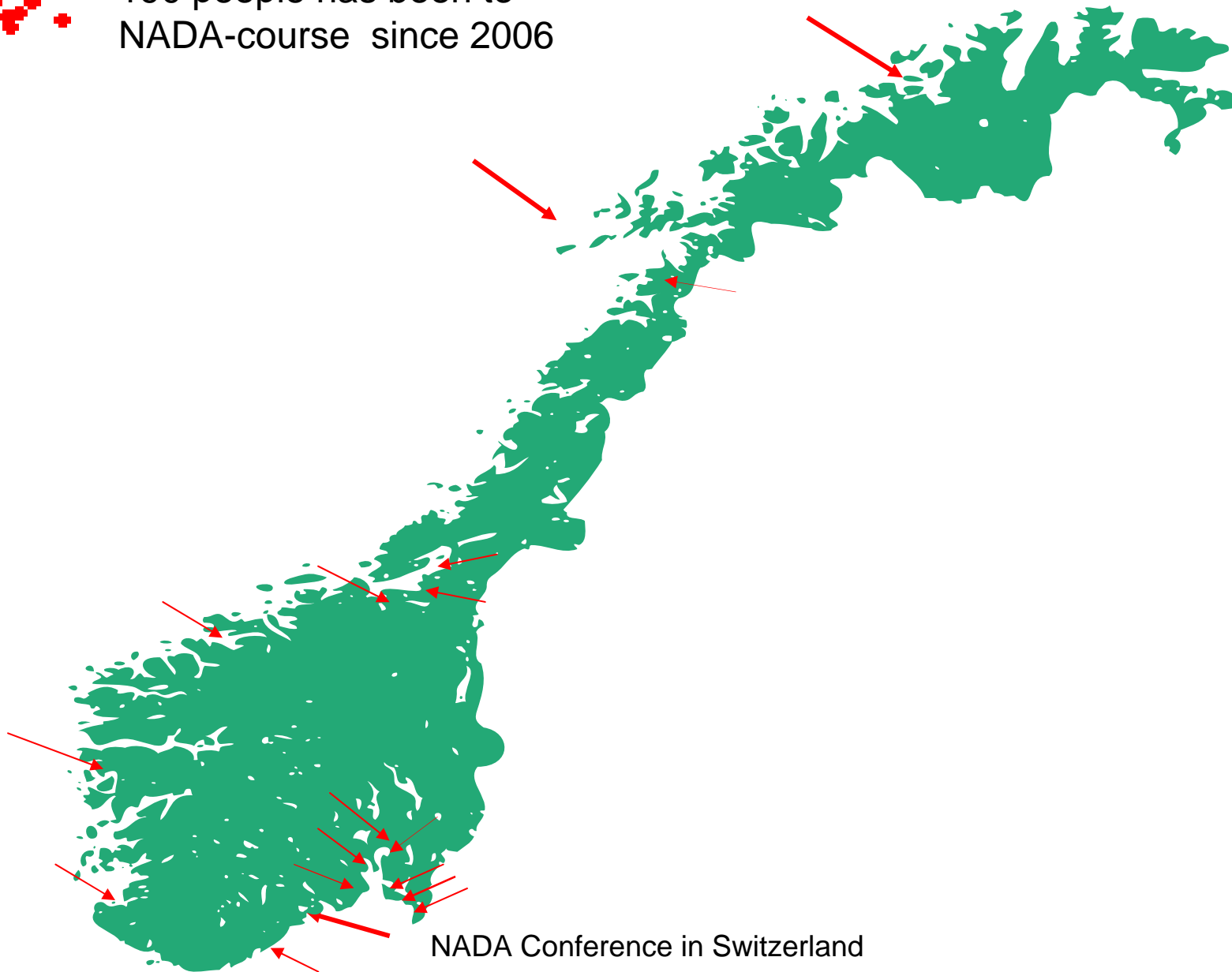


NADA's Developments in Norway 2006 - 2009

- I have been working with:
- hospitals units in different Countys
- the Norwegian Correctional Services
- rehab institutions
- halfway houses
- trained volunteers for Retretten



190 people has been to
NADA-course since 2006



NADA Conference in Switzerland

...and travel around Norway

- Lecture talk about NADA
- Different hospital want me to talk about our work in Retretten
- Rehab institutions want me to talk about my history to theirs patients
- Retretten co-operate with others organization in Norway and Sweden
- I also work with the University hospital in Oslo



User Forum

- This is an area for co-operation between the user organisations and the Division of substance addiction.
- It consists of 6 to 8 members from different user organisations and the Division of substance addiction. They meet 4 to 6 times a year.
- It is run by Ms Rita Nilsen from the Retretten foundation.
- It is a centre for co-operation, mutual exchange of information and discussions about the challenges facing the field of substance abuse in general, as well as it is an important forum for the development of the Division of substance addiction's services.
- It is an advisory body for the Division of substance addiction's management and contributes in a manner which includes the user's point of view in planning, operation and development of the division.
- It contributes to the upholding of relatives rights and interests.



Mrs Helle D. Gjetrang,
Director General, the
Division of substance
addiction



Retretten
hjelp til videre hjelp

Retretten



- I found Retretten in 2002
- In 2009 we have got money from the government so we can have one person on salary and we are 13 voluntaries. We have also one unit out of Oslo
- We help sober addicts, criminals' and families and relatives to further help
- All persons working in Retretten are sober addicts or earlier criminals and relatives to addicts
- They can come to the door, it's free and we don't write journals

What do we do

- We give NADA's acupuncture and vitamins and minerals
- We are in jail 4 days a week and give the inmates acupuncture
- We help to prevent relaps
- We motivate to stay sober and stay a way from the criminal life
- We are some ears that listen to what the visitor has to say and try to fine the best help for them
- The volunteers are going out to institutions and different units and share our history with the patients and inmates

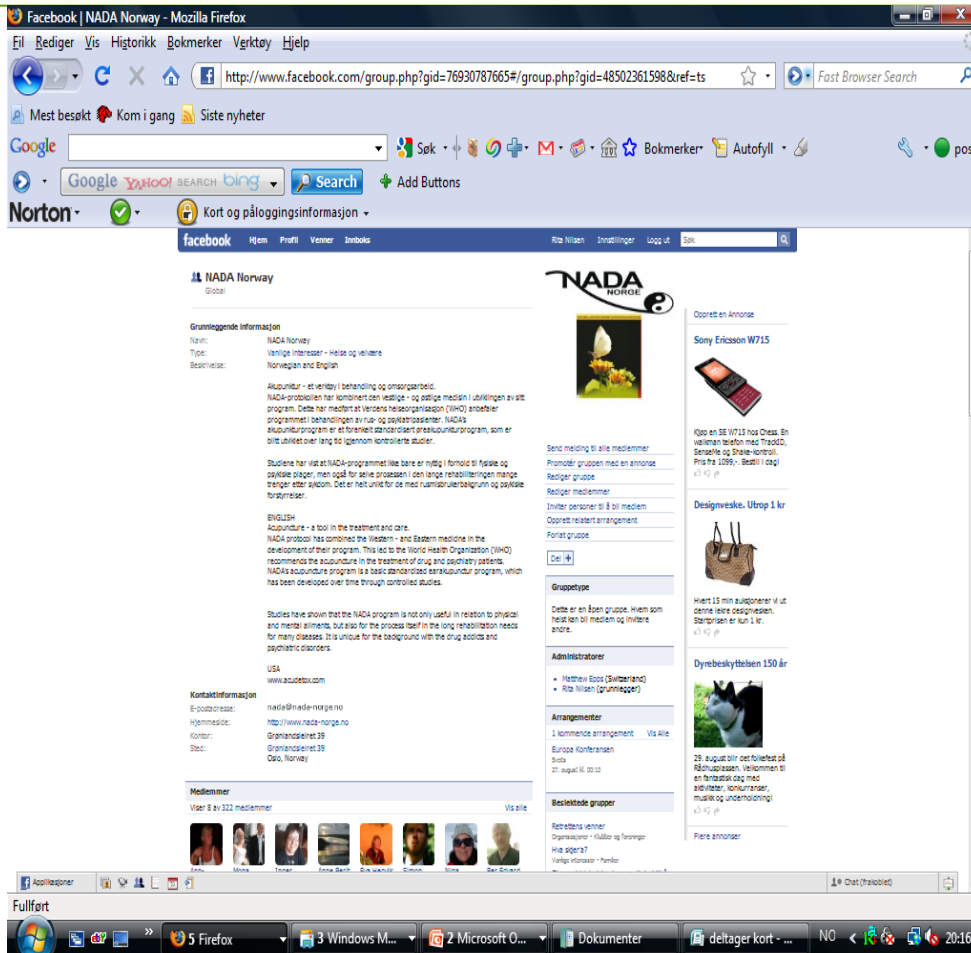
In 2008

- 2500 Visitors in our clinic (2100 addicts- 400 relatives)
- 600 We help further in the system
- 2000-2500 email and phones (most from relatives)
- 1150 Treatment in jail
- 20 From an open prison
- 6 on probation

2009

- 2009 We started a training program, it's named ANTA and has NADA-acupuncture integrated
- We had one groupe with 14 woman and one groupe with 10 man and one groupe with 10 intames.
- 12 woman finish, 8 man and 9 inmates
- 10 woman follow aftercare group, 8 man and 7 inmates

Face Book-group



NADA Norway

Administrators:

From Norway: Rita Nilsen

From Switzerland: Matthew Epps

Here we can share our experience and it had been very nice if we got more histories – it brings hope

•NADA Conference in Switzerland

Thank you

•NADA Conference in
Switzerland